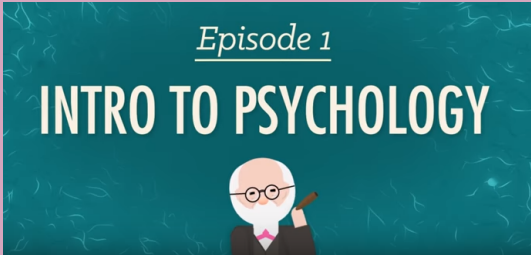

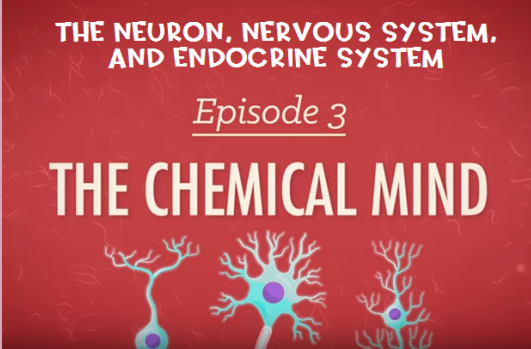
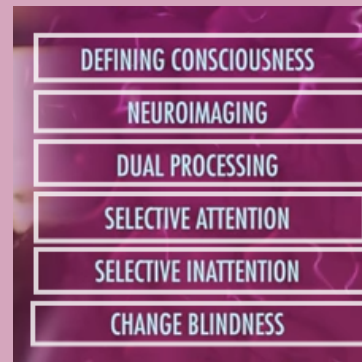


FYI: These videos are not to replace course reading!

UNIT	VIDEO LINKS
History and Approaches	 <p><i>Episode 1</i> INTRO TO PSYCHOLOGY</p> The thumbnail for the first video has a teal background with a pattern of small white leaves. It features a cartoon character with glasses and a white beard, wearing a black suit and a red tie, holding a brown pipe.
Research Methods	 <p><i>Episode 2</i> RESEARCH & EXPERIMENTATION</p> The thumbnail for the second video has a purple background with a pattern of small white leaves. It features two cartoon characters: one with glasses and a headset, and another with glasses and a green afro.
Biological Basis of Behavior	 <p>THE NEURON, NERVOUS SYSTEM, AND ENDOCRINE SYSTEM <i>Episode 3</i> THE CHEMICAL MIND</p> The thumbnail for the third video has a red background with a pattern of small white leaves. It features three stylized neurons in shades of blue and white.



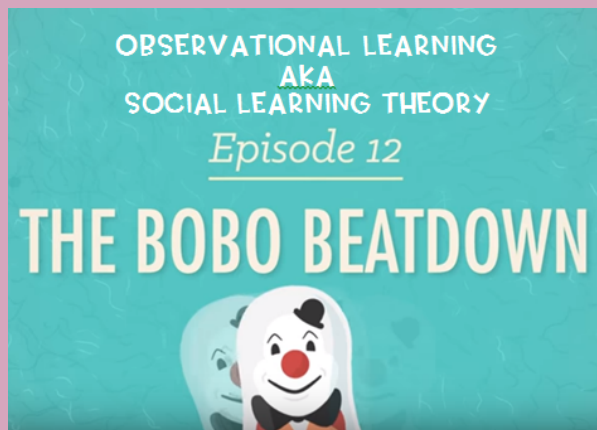
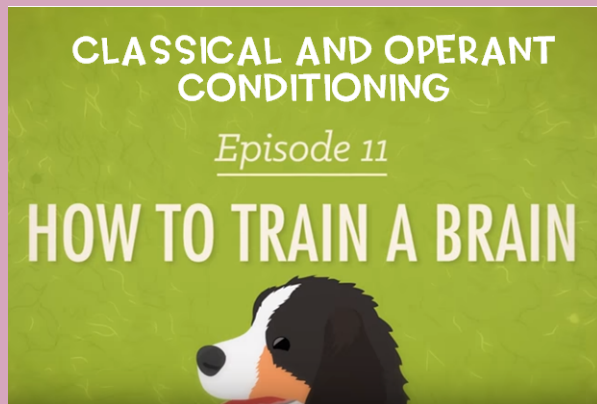
Sensation and Perception



Consciousness



Learning



Cognition



Episode 14

REMEMBERING AND FORGETTING



YOU LEARNED ABOUT:

- HOW MEMORIES ARE STORED
- RETRIEVAL CUES & PRIMING
- CONTEXT & MOOD INFLUENCERS
- HOW INFORMATION IS FORGOTTEN
- INTERFERENCE & MISINFORMATION
- ISSUES WITH CREWTECHS ACCOUNTS

Episode 15

COGNITION



YOU LEARNED ABOUT:

- THINKING & COMMUNICATING: CONCEPTS, PROTOTYPES & MENTAL SETS
- SOLVING PROBLEMS: ALGORITHMS, HEURISTICS & INSIGHT
- CREATING PROBLEMS: FIXATION, THE AVAILABILITY HEURISTIC, FEAR, OVERCONFIDENCE, & BELIEF PERSEVERANCE

Episode 16

LANGUAGE



YOU LEARNED ABOUT:

- PHONEMES, MORPHEMES, GRAMMAR
- RECEPTIVE AND PRODUCTIVE LANGUAGE
- BABBLING, ONE-WORD AND TWO-WORD PHASES OF DEVELOPMENT
- HOW WE ACQUIRE LANGUAGE, LANGUAGE BRAIN AREAS, HOW THINKING AND LANGUAGE ARE CONNECTED

Motivation and Emotion

Episode 17

THE POWER OF MOTIVATION



YOU LEARNED ABOUT:

- FOUR THEORIES OF MOTIVATION: EVOLUTIONARY PERSPECTIVE, DRIVE-REDUCTION, OPTIMAL AROUSAL, MASLOW'S HIERARCHY OF NEEDS
- HOW SEX, HUNGER, AND THE NEED TO BELONG MOTIVATE US

Developmental Psychology

YOU LEARNED ABOUT:

- ALFRED KINSEY & SEX SURVEYS
- BIOLOGICAL SEX & GENDER IDENTITY
- MASTERS & JOHNSON'S FOUR-PART SEXUAL RESPONSE CYCLE
- SEX HORMONES
- PHYSIOLOGICAL & SOCIAL FACTORS OF SEX
- SEXUAL ORIENTATION
- WHY WE HAVE SEX

Episode 27

LET'S TALK ABOUT SEX



Episode 25

FEELING ALL THE FEELS




YOU LEARNED ABOUT:

- EMOTIONS: WHAT THEY ARE, HOW THEY WORK, WHY WE NEED THEM
- JAMES-LANGE, CANNON-BARD, SCHACHTER & SINGER & ZAJONC THEORIES
- COGNITION & EMOTION
- THE AUTONOMIC NERVOUS SYSTEM

Episode 26

EMOTION, STRESS, & HEALTH



YOU LEARNED ABOUT:

- EMOTIONS: HOW THEY WORK, FACIAL EXPRESSIONS & COMMUNICATION
- TWO-DIMENSIONAL MODEL OF EMOTIONAL EXPERIENCE
- HOW ANGER, HAPPINESS & DEPRESSION AFFECT HEALTH
- STRESS, THE NERVOUS SYSTEM & CHRONIC STRESS

INFANCY AND CHILDHOOD

Episode 18

THE GROWTH OF KNOWLEDGE



YOU LEARNED ABOUT:

- SCHEMAS, ASSIMILATION & ACCOMMODATION
- PIAGET'S FOUR-STAGE THEORY OF COGNITIVE DEVELOPMENT:
- SENSORIMOTOR, PREOPERATIONAL, CONCRETE OPERATIONAL, & FORMAL OPERATIONAL PERIODS
- VYGOTSKY'S THEORY OF SCAFFOLDING

ATTACHMENT *Episode 19* PARENTING + MORALITY

MONKEYS AND MORALITY

YOU LEARNED ABOUT:

- AINSWORTH'S THREE STYLES OF ATTACHMENT:
 - SECURE
 - INSECURE AVOIDANT
 - INSECURE AMBIVALENT

PARENTING STYLES:

- AUTHORITARIAN
- PERMISSIVE
- AUTHORITATIVE

DEVELOPING SELF-CONCEPT

KOLHBERG'S STAGES OF MORALITY



Episode 20

ADOLESCENCE




Personality

YOU LEARNED ABOUT:

- PERSONALITY THEORY
- PSYCHOANALYTIC THEORY: FREUD'S MODEL OF THE MIND & DEFENSE MECHANISMS
- NEO-FREUDIANS
- HUMANISTIC THEORY: MASLOW'S MODEL OF SELF-ACTUALIZATION, ROGERS' PERSON-CENTERED PERSPECTIVE

Episode 21

RORSCHACH & FREUDIANS



Episode 22

MEASURING PERSONALITY



Testing and Individual Differences

YOU LEARNED ABOUT:

- DEFINING INTELLIGENCE
- TYPES OF INTELLIGENCE
- G-FACTOR
- SHERLOCK HOLMES
- INTELLIGENCE TESTING
- IQ SCORES
- EUGENICS
- INTELLIGENCE CONTROVERSY

Episode 23

CONTROVERSY OF INTELLIGENCE




Abnormal Psychology

YOU LEARNED ABOUT:
WAIS & WISC TESTS TO MEASURE INTELLIGENCE
STANDARDIZATION, RELIABILITY & VALIDITY OF TESTS

IQ PERFORMANCE:
GENETICS, ENVIRONMENT, TESTING BIAS, STEREOTYPE THREAT


Episode 24
BRAIN VS. BIAS



YOU LEARNED ABOUT:
DEFINING PSYCHOLOGICAL DISORDERS
PERSPECTIVES ON MENTAL ILLNESS

DIAGNOSING DISORDERS WITH DSM
DSM IS CONSTANTLY EVOLVING

Episode 28
PSYCHOLOGICAL DISORDERS



Episode 29
OCD & ANXIETY DISORDERS




Episode 30
DEPRESSIVE & BIPOLAR DISORDERS



YOU LEARNED ABOUT:	ADDICTION: PHYSICAL & PSYCHOLOGICAL DEPENDENCE	DUAL TREATMENT MODEL
PTSD: CAUSES & SYMPTOMS	TRAUMA: RELATIONSHIP BETWEEN TRAUMA & ADDICTION	POST-TRAUMATIC GROWTH
HOW TRAUMA CAN AFFECT THE BRAIN		THE WISE FRIDO BAGGINS


Episode 31

TRAUMA & ADDICTION



Episode 32

SCHIZOPHRENIA & DISSOCIATIVE DISORDERS



Episode 33

EATING & BODY DYSMORPHIC DISORDER



Episode 34

PERSONALITY DISORDERS



Treatment of Psychological Disorders


YOU LEARNED ABOUT: FREUD'S PSYCHOANALYSIS ROGER'S CLIENT-CENTERED FOCUS GROUP & FAMILY THERAPY

MAJOR TYPES OF PSYCHOTHERAPY EXISTENTIAL-HUMANIST THERAPY BEHAVIOR & COGNITIVE THERAPIES

PSYCHODYNAMIC THERAPY

Episode 35

GETTING HELP



YOU LEARNED ABOUT: CLIENT & CLINICIAN PERCEPTIONS, OUTCOME RESEARCH, & META ANALYTIC REVIEWS EFFICACY & EFFECTIVENESS OF PSYCHOLOGICAL TREATMENTS

Episode 36

BIOMEDICAL THERAPIES DRUG THERAPIES

ELECTROCONVULSIVE THERAPY, REPETITIVE TRANSCRANIAL MAGNETIC STIMULATION & DEEP BRAIN STIMULATION

BIOMEDICAL TREATMENTS

LIFESTYLE CHANGES & GENERAL HEALTHY LIVING



Social Psychology

YOU LEARNED ABOUT: SOCIAL PSYCHOLOGY FUNDAMENTAL ATTRIBUTION ERROR DUAL-PROCESS THEORY OF PERSUASION

FOOT-IN-THE-DOOR PHENOMENON STANFORD PRISON EXPERIMENT; HOW A SITUATION CAN OVERRIDE INDIVIDUAL DIFFERENCES IN PERSONALITY

LEON FESTINGER'S THEORY OF COGNITIVE DISSONANCE

Episode 37

SOCIAL THINKING



YOU LEARNED ABOUT:
 MILGRAM EXPERIMENT
 AUTOMATIC MIMICRY
 SOLOMON ASCH

**NORMATIVE SOCIAL INFLUENCE
 SOCIAL FACILITATION**

**SOCIAL LOAFING
 DEINDIVIDUATION,
 GROUP POLARIZATION,
 & GROUPTHINK**

Episode 38

SOCIAL INFLUENCE

Episode 39

PREJUDICE & DISCRIMINATION

YOU LEARNED ABOUT:
 ROBBER'S CAVE EXPERIMENT
 REALISTIC CONFLICT THEORY
 PHYSICAL & ENVIRONMENTAL TRIGGERS OF AGGRESSION

**FRUSTRATION-AGGRESSION HYPOTHESIS
 ALTRUISM**

**BYSTANDER EFFECT
 SOCIAL EXCHANGE THEORY,
 THE RECIPROCITY NORM,
 THE SOCIAL-RESPONSIBILITY NORM,
 & SOCIAL TRAPS**

Episode 40

AGGRESSION VS. ALTRUISM